AWAKE AND CONQUER

St. Jude

HOPE IN DIFFICULT TIMES

St. Jude, pray for me when the way ahead feels uncertain. Ask God to renew my hope, steady my heart, and help me recognize the support around me. May I meet this day with courage, seek wise guidance, and take the next faithful step. I place my worries before God and welcome the grace to persevere. Through Jesus Christ, our Lord. Amen.

ORIGINAL PRAYER
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AWAKE AND CONQUER

St. Expedite

COURAGE TO ACT

St. Expedite, pray for me as I face what needs my attention. Ask God to give me clarity, patience, and courage. Help me turn away from needless delay and act with honesty and care. May I move forward without rushing past wisdom, trusting God with what I cannot control. Let my next step serve what is good. Through Jesus Christ, our Lord. Amen.

ORIGINAL PRAYER
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AWAKE AND CONQUER

St. Cajetan

TRUST & DAILY PROVISION

St. Cajetan, pray for me and for all who are seeking work, stability, and daily bread. Ask God to guide my decisions, strengthen my abilities, and lead me toward honest opportunities. May I care wisely for what I have, welcome help without shame, and share when I am able. Let gratitude and faithful action accompany my trust in God. Through Jesus Christ, our Lord. Amen.

ORIGINAL PRAYER
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AWAKE AND CONQUER

St. Martin de Porres

COMPASSION IN ACTION

St. Martin de Porres, pray for me that I may see the dignity of every person. Ask God to soften my heart toward those who are overlooked, lonely, or in need. Teach me through your example to serve with humility and kindness. May my words bring comfort, my hands offer help, and my choices make room for love today. Through Jesus Christ, our Lord. Amen.

ORIGINAL PRAYER
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AWAKE AND CONQUER

St. Michael

PROTECTION & COURAGE

St. Michael the Archangel, pray for me and all whom I love. May God protect us from evil and guide us in truth. Help me stand firm in faith, turn away from harm, and choose what is right with courage. When fear rises, may I remember God's presence and seek the help I need. Let peace, wisdom, and compassion guide my actions. Through Jesus Christ, our Lord. Amen.

ORIGINAL PRAYER
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AWAKE AND CONQUER

Saint Germain

VIOLET FLAME REFLECTION

In this quiet moment, I reflect on the violet flame as a symbol of transformation. I release the need to punish myself for the past. I meet my life with honesty, forgiveness, and compassion. May my choices express freedom with responsibility, wisdom with kindness, and hope with action. I welcome a fresh beginning and take one meaningful step toward it today.

ORIGINAL REFLECTION
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A quiet moment of prayer

These are original Awake and Conquer prayers, not quotations of traditional or officially approved liturgical texts. The Saint Germain card is a spiritual reflection from an ascended-master context, separate from the Christian intercessory prayers.

Print on US Letter cardstock at actual size. Cut along the card edges using the small trim marks. Each card measures 3.5 x 5 inches.

For a simple daily practice, choose a card, read slowly, and leave a moment of silence. Let one kind or courageous action follow your reflection.